

the *Wild* within

THE WILD WITHIN LEVEL 1

DATE 7 April to 9 April 2006 (3 days 2 nights)
TIME Friday 10am registration, 10.30 start to Sunday 5pm
COST \$895 (includes GST)
DEPOSIT \$300.00 (non-refundable)
VENUE Blue Mountains, NSW

Please note: These workshops fill quickly. Register soon to not miss out.

REGISTRATION & ENQUIRIES... Denise Cook
The Centre of Therapy, Bodywork & Yoga
2/74 Willoughby Rd. Crows Nest NSW 2065
Ph 02 9460 7091 or call Jutka 0417667866
credit card bookings available

The Wild Within - is a celebration of the passion of the feminine psyche.

When you long for the aliveness that burns in your soul....
When a growing sense of emptiness is no longer a trade off for safety
When you are willing to risk community with women despite your history...
join us in deep respect & celebration of your potency as a woman

Using potent, creative, psychological and ritualistic processes, you will have the chance to embrace your wildish nature, your untamed selfyour deep essence as a potent sensual woman. Together we explore what it means to be a woman today, and how we can be in community with women and not abandon ourselves or compete.

You can partake of

Emotional release work; Owning your sexuality;	Sacred art; Dance and ritual;	Profound declaration of your wildish nature; Group work and solitude.
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You will have the opportunity to

- * bring your personal issues into the collective space
- * have these processed with skillful guidance
- * witness other women in their process and experience them as mirrors of your soul
- * deepen your wisdom and compassion towards yourself & others
- * experience connection, self recognition, creative expression and empowerment through the collective
- * have the kind of fun that happens when women move beyond the feelings of betrayal and competition & come into deep community

All this in a beautiful natural environment, an atmosphere of spontaneity, occasional irreverence and deep respect.

The Facilitators Jutka Freiman see www.jutkafreiman.bigpondhosting.com
Denise Cook see <http://www.ozemail.com.au/~denisecook>